Past Blogs

Past Blog

Aa Title	Column 1	Multi-select	Link
Title			
Running an Effective Middle Attack	@May 29, 2023	Skill Development	https://jimstoneconsulting.com/essentials-for-an-effective-middle-attack/
Random Thoughts	@May 25, 2023	General	https://jimstoneconsulting.com/random-thoughts-on-random-topics/
Fixed vs. Floating Attack Zones for Middle Hitters	@May 15, 2023	Skill Development	https://jimstoneconsulting.com/fixed-vs-floating-attack-zones-for-the-middle-hitter/
The Pursuit of Higher Television Numbers	@May 10, 2023	General	https://jimstoneconsulting.com/the-pursuit-of-higher-television-numbers/
It's Easier to Move If You're Already Moving	@May 5, 2023	Skill Development	https://jimstoneconsulting.com/its-easier-to-move-if-youre-already-moving/
A Former Player Spurs My Why	@April 27, 2023	Coaching Philosophy	https://jimstoneconsulting.com/how-a-former-player-assured-my-why/
Additional Thoughts on Serve-Receive	@April 23, 2023	Skill Development	https://jimstoneconsulting.com/added-thoughts-on-serve-receive/
Direct Teaching Is A Roadmap for Player Development	@April 18, 2023	Education	https://jimstoneconsulting.com/direct-teaching-is-a-roadmap-for-player-development/
A Good Approach is Essential to an Effective Attack	@April 11, 2023	Skill Development	https://jimstoneconsulting.com/a-good-approach-is-essential-to-an-effective-attack/
The Misuse of a Bell Curve for Determining Your Target Area in Serve-Receive	@April 4, 2023	Statistics	https://jimstoneconsulting.com/the-misuse-of-a-bell-curve-for-determining-your-target-area-in-serve-receive/
Thoughts on Serve-Receive	@March 27, 2023	Skill Development	https://jimstoneconsulting.com/thoughts-on-serve-receive/

Aa Title	Column 1	Multi-select	Link
Will Professional Volleyball Impact Club and Collegiate Programs?	@March 20, 2023	General	https://jimstoneconsulting.com/will-professional-volleyball-impact-club-and-collegiate-programs/
Passing Techniques and Systems- One Size Does Not Fit All	@March 14, 2023	Skill Development	https://jimstoneconsulting.com/passing-techniques-and-systems-one-size-does-not-fit-all/
Nine Pillars of Designing a Team Defense	@February 28, 2023	Team Systems	https://jimstoneconsulting.com/nine-pillars-of-designing-a-team-defense/
Considerations for an Effective Offense	@February 20, 2023	Team Systems	https://jimstoneconsulting.com/components-of-an-effective-offense/
Choose Your Leaders With Care	@January 29, 2023	Coaching Philosophy	https://jimstoneconsulting.com/choose-your-leaders-with-care/
My Evolution to Constraint-Led Teaching	@January 18, 2023	Education	https://jimstoneconsulting.com/my-evolution-to-constraint-led-teaching/
A Painstaking, But Worthwhile Evaluation Tool	@January 11, 2023	Coaching Philosophy	https://jimstoneconsulting.com/a-painstaking-but-worthwhile-evaluation-tool/
Could the Suzuki Method of Violin Instruction Work in Club Volleyball?	@April 3, 2023	Education	https://jimstoneconsulting.com/could-the-suzuki-method-of-violin-instruction-work-in-club-volleyball/
There is Value in Both Internal and External Cues When Teaching	@December 28, 2022	Education	https://jimstoneconsulting.com/there-is-value-in-both-internal-and-external-cues-when-teaching/
A Dozen Pillars for a Productive Practice	@December 18, 2022	Practice Organization	https://jimstoneconsulting.com/a-dozen-pillars-for-a-productive-practice/
Assisting the Inexperienced Club Coach	@December 14, 2022	Coaching Philosophy	https://jimstoneconsulting.com/assisting-the-inexperienced-club-coach/
Be Creative With Training Activities	@December 7, 2022	Practice Organization	https://jimstoneconsulting.com/be-creative-with-training-activities/
Volleyball Contemplations	@November 14, 2022	General	https://jimstoneconsulting.com/volleyball-contemplations/

Aa Title	Column 1	Multi-select	Link
Factors Influencing USA Women's National Team Success	@October 19, 2022	General	https://jimstoneconsulting.com/usa-player-development/
Rethinking Timeouts	@October 3, 2022	Coaching Philosophy	https://jimstoneconsulting.com/rethinking-timeouts/
Availability Bias, Avoid The Trap	@August 6, 2022	Education	https://jimstoneconsulting.com/availability-bias-avoid-it-if-you-can/
Can Volleyball Coaches Learn from the NBA?	@July 23, 2022	Coaching Philosophy	https://jimstoneconsulting.com/can-volleyball-coaches-learn-from-the-nba/
Clayton Kershaw, Tunneling and Developing an Effective Serve Strategy	@June 20, 2022	Skill Development	https://jimstoneconsulting.com/clayton-kershaw-tunneling-and-developing-an-effective-serve-strategy/
Five Coaching Assumptions That Might Not Be Accurate	@June 11, 2022	Coaching Philosophy	https://jimstoneconsulting.com/five-coaching-assumptions-that-might-not-be-accurate/
Mental Health and "Doing the Next Right Thing"	@May 23, 2022	Mental Health	https://jimstoneconsulting.com/mental-health-and-doing-the-next-right-thing/
Being Balanced More Important Than Being Stopped When Passing	@May 16, 2022	Skill Development	https://jimstoneconsulting.com/being-balanced-more-important-than-being-stopped-when-passing/
Keep the Tips Off the Floor!	@May 3, 2022	Team Systems	https://jimstoneconsulting.com/keep-the-tips-off-the-floor/
Visual Cues, If/Then, and Skill Development	@April 20, 2022	Education	https://jimstoneconsulting.com/visual-cues-if-then-and-skill-development/
Some Skills Are More Important Than Others!	@April 12, 2022	Skill Development	https://jimstoneconsulting.com/some-skills-are-more-important-than-others/
Better Teaching Skills=Better Coaching	@March 26, 2022	Education	https://jimstoneconsulting.com/better-teaching-skillsbetter-coaching/
Logistics Will Dictate a Quality Practice	@March 10, 2022	Practice Organization	https://jimstoneconsulting.com/logistics-will-dictate-quality-practices/

Title	Column 1	Multi-select	Link
Get Rid of “Time Sucks” in Practice	@February 25, 2022	Practice Organization	https://jimstoneconsulting.com/get-rid-of-time-sucks-in-practice/
The Playbook of an Olympic Champion	@February 17, 2022	Physical Training	https://jimstoneconsulting.com/the-playbook-of-an-olympic-champion/
Shohei Ohtani, The Harada Method and Volleyball	@February 8, 2022	Coaching Philosophy	https://jimstoneconsulting.com/shohei-ohtani-the-harada-method-and-volleyball/
Joe Rogan, Spotify and Coaching Volleyball?	@January 31, 2022	General	https://jimstoneconsulting.com/joe-rogan-spotify-and-coaching-volleyball/
The Marriage of Collegiate and Professional Sports	@January 18, 2022	General	https://jimstoneconsulting.com/the-marriage-of-collegiate-and-professional-sports/
Change is Good….You Go First!	@January 8, 2022	Coaching Philosophy	https://jimstoneconsulting.com/change-is-good-you-go-first/
Managing Your Posture to Pass the Low Ball	@January 2, 2022	Skill Development	https://jimstoneconsulting.com/managing-your-posture-to-pass-the-low-ball/
Athletes Need Their Coach	@December 5, 2021	Coaching Philosophy	https://jimstoneconsulting.com/athletes-need-their-coach/
What Volleyball Coaches Can Learn from Steph Curry	@November 23, 2021	Coaching Philosophy	https://jimstoneconsulting.com/what-volleyball-coaches-can-learn-from-steph-curry/
Mandatory Ongoing Certification for Club Coaches?	@November 10, 2021	Education	https://jimstoneconsulting.com/mandatory-ongoing-certification-for-club-coaches/
Better Learning with Chunking	@November 2, 2021	Education	https://jimstoneconsulting.com/better-learning-with-chunking/
Ideas to Help Players Handle Errors	@October 13, 2021	Mental Health	https://jimstoneconsulting.com/ideas-to-help-players-handle-errors/
Skill Wins Out, Regardless of the Sport	@September 17, 2021	Skill Development	https://jimstoneconsulting.com/skill-wins-out-regardless-of-the-sport/
There Are Over Seventy Learning Styles, What is the Coach to Do?	@September 8, 2021	Education	https://jimstoneconsulting.com/there-are-over-seventy-learning-styles-what-is-the-coach-to-do/
Teaching Your Players to Throw Correctly	@August 29, 2021	Skill Development	https://jimstoneconsulting.com/teaching-your-players-to-throw-correctly/

Title	Column 1	Multi-select	Link
For the Sake of the Students-Coaches Need to Maintain a High Standard	@August 29, 2021	Coaching Philosophy	https://jimstoneconsulting.com/coaches-need-to-maintain-a-high-standard/
Organize Your Practice for Learning	@August 19, 2021	Practice Organization	https://jimstoneconsulting.com/organize-your-practice-for-learning/
What Can the High School Coach Take From The Olympics?	@August 8, 2021	Education	https://jimstoneconsulting.com/what-can-the-high-school-coach-take-from-the-olympics/
Keys for Great Practices!	@August 2, 2021	Practice Organization	https://jimstoneconsulting.com/keys-for-great-practices/
Options When Evaluating Serve Receive	@July 23, 2021	Team Systems	https://jimstoneconsulting.com/options-when-evaluating-serve-receive/
Model Your Coaching After Abe Lincoln!	@July 18, 2021	Coaching Philosophy	https://jimstoneconsulting.com/model-your-coaching-after-abraham-lincoln/
Keeping the Non-Starters Engaged	@July 11, 2021	Leadership	https://jimstoneconsulting.com/keeping-the-non-starters-engaged/
Team Culture, Water Buffaloes, and High Fives	@June 27, 2021	Leadership	https://jimstoneconsulting.com/team-culture-water-buffaloes-and-high-fives/
The Future of the NCAA?	@June 24, 2021	General	https://jimstoneconsulting.com/the-future-of-the-ncaa/
Changes Are Coming Fast in Collegiate Athletics	@June 15, 2021	General	https://jimstoneconsulting.com/changes-are-coming-fast-in-collegiate-athletics/
Player Movement and Essential Motor Skills	@June 6, 2021	Physical Training	https://jimstoneconsulting.com/importance-of-developing-player-movement-and-motor-skills/
What Volleyball Coaches Might Learn from Golfer Phil Michelson	@June 1, 2021	Coaching Philosophy	https://jimstoneconsulting.com/what-volleyball-coaches-might-learn-from-golfer-phil-michelson/
Failure Has Value….Sometimes	@May 25, 2021	Coaching Philosophy	https://jimstoneconsulting.com/failure-has-value-sometimes/
What's Really Matters the Most in Skill Development?	@May 16, 2021	Education	https://jimstoneconsulting.com/whats-really-matters-the-most-in-skill-development/
Do It the Mac Jones Way	@May 13, 2021	Coaching Philosophy	https://jimstoneconsulting.com/do-it-the-mac-jones-way/

Aa Title	Column 1	Multi-select	Link
Observations from the NCAA Championships	@May 13, 2021	General	https://jimstoneconsulting.com/observations-from-the-ncaa-championships/
Add “Juice” to Team Meetings	@April 20, 2021	Coaching Philosophy	https://jimstoneconsulting.com/add-juice-to-team-meetings/
Putting Deliberate Practice into Action	@April 11, 2021	Coaching Philosophy	https://jimstoneconsulting.com/putting-deliberate-practice-into-action/
What’s More Important, Positive Personality or Expertise?	@April 5, 2021	General	https://jimstoneconsulting.com/whats-more-important-positive-personality-or-expertise/
What’s With All the Tipping?	@March 30, 2021	Team Systems	https://jimstoneconsulting.com/whats-with-all-the-tipping/
Moneyball vs. Betterball	@March 8, 2021	Statistics	https://jimstoneconsulting.com/moneyball-vs-betterball/
Sometimes It’s Best to Do Nothing	@February 10, 2021	Statistics	https://jimstoneconsulting.com/sometimes-its-best-to-do-nothing/
Your Players See Less Than They Think	@January 2, 2021	Visual Cues	https://jimstoneconsulting.com/your-players-see-less-than-they-think/